



# Weekly Information

Friday, 10<sup>th</sup> November 2023

Week 8

## James 3:9-12

With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. Can both fresh water and salt water flow from the same spring? My brothers and sisters, can a fig-tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.



We have now been using the app Satchel:One for a year and we are aware that there are some parents who have not yet opted to download this app. Satchel:One shares a range of homework information including the task description, deadline for submission and links to useful documents so that you can monitor your child's homework. The app is for mobile devices only and mirrors the information we share with your son/daughter via Teams Assignments.

If you do not yet have this app, please follow the instructions shared via our website:

<https://www.archten.croydon.sch.uk/satchelone>

If you do not have your unique parent code, please contact your child's form tutor and they will be able to send this to you.

### Whole School Photograph Available to Order

We are pleased to announce that the whole school photograph is now available to view and purchase from Tempest Photography. Details will be sent home with pupils and students and emailed via SchoolComms

## Key Information for the week ahead

### Whole School

#### Monday, 13th November.

We will begin Anti-Bullying week with 'Odd Socks Day'. Pupils and students are encouraged to wear odd socks to school to celebrate what makes us all unique and to help raise awareness.

Monday- Prayer for the School, 8pm in school for parents, carers, staff and governors

Year 7 – Start time 8.45am  
Except Wednesday – Church 8.40am

Year 8 – Start time 8.45am  
Except Monday – Church 8.40am

Year 9 – Start time 8.45am  
Except Friday – Church 8.40am

Year 10 - Start time 8.45am  
Except Thursday – Church 8.40am

Year 11 – Start time 8.45am  
Except Tuesday – Church 8.40am

### Looking Ahead

Year 8 Eucharist at St Matthew's Church  
Monday, 4<sup>th</sup> December 2023 - 8.40am

Year 9 Options Evening  
Wednesday, 6<sup>th</sup> December 2023 – 6.30pm  
Information to follow

Carol Service at St Mildred's Church,  
Monday, 11<sup>th</sup> December 2023 – 7pm

School Christmas Lunch – Tuesday, 12<sup>th</sup> December 2023

### School Menus

The new school menus for this term can be found on the school website via this link:

[School Meals at Tenison's | Archbishop Tenison's CofE High School \(archten.croydon.sch.uk\)](https://www.archten.croydon.sch.uk/school-meals)

# Parent Zone Workshop

**Archbishop Tenison's CE School**  
 Wednesday 15<sup>th</sup> November 2023 at 6.30pm  
 Expert information and advice for parents so that you can feel more confident around supporting your child to stay safe online and when using digital technology.

**Aimed at Parents of All Year Groups.**  
 If you would like to attend the workshop, please sign up using the link below:

<https://forms.office.com/Pages/ResponsePage.aspx?id=53yPdvv2UaM9L25G-sKuNYdfQbpB1MS1mrpokVnRURVZYR0dVODZCUzBZRkVER-FNVU9lNkdFRy4u>



## The Serenity Lounge

A quiet space for you to read, work or relax run by our Student Health Ambassadors.  
 In C1 every lunchtime – All welcome.

Monday	Tuesday	Wednesday	Thursday	Friday
Year 7	Year 8	Year 9	Year 10	Year 11

The Serenity Lounge is now open.  
 Lunchtime in C1 with a rota for each year group.

## Flu Clinics

Please note that due to unforeseen circumstances we have had to cancel two of our walk in flu clinics on Sunday, 12<sup>th</sup> November 2023 & Sunday, 19<sup>th</sup> November 2023.

We are running two other walk in clinics on Saturday, 25<sup>th</sup> November & Sunday, 26<sup>th</sup> of November between 9.00am & 3.45pm at 12-18 Lennard Road, Croydon, CR9 2RS

## Safeguarding – Keeping our Pupils Safe Autumn Term Focus – Self Harm

### What is Self-Harm?

Self-harm is when someone hurts themselves on purpose as a way of trying to manage distressing or overwhelming feelings and experiences. Someone who is self-harming might be dealing with lots of intense thoughts and feelings, and hurting themselves may feel like the only way to cope. Or, they might feel numb and hurt themselves in order to feel something. If your child is self-harming, or you're concerned they might be, it can be incredibly worrying and upsetting for you as their parent. The important thing to remember is that you and your child are not alone - lots of young people go through this and come out the other side with different ways of coping with their feelings.

“ Having found out my child was self-harming, I was so devastated and confused as to why. My emotions were all over the place, not knowing how to help her, where to go for professional help – it was so stressful. As a father I just wanted to wrap her up in cotton wool. ”

Parent

[www.youngminds.org.uk](http://www.youngminds.org.uk)

**Croydon Music & Arts** Free classes for Year 7 and 8 Pupils

**THIS IS CROYDON**  
 LONDON BOROUGH OF CULTURE

**RAP therapy**

SCAN TO CLAIM YOUR FREE SESSION

**STARTING ON 13TH AND 15TH NOVEMBER**

Rap Therapy are offering a free, 3 week course at New Addington Library and Thornton Heath Library. Classes will run 4:30-5:30pm on Mondays in New Addington and on Wednesday in Thornton Heath.

**THE CLASSES ARE FREE!**

You will learn how writing can help your wellbeing and make your own track to share with family and friends.

You will have fun and enjoy being creative in a small class with other young people in years 6 to 8.

Please scan the QR code or go to <https://www.croydonmusicandarts.co.uk/rap-therapy> to register your place.

If you are not online at home please visit your local library to use a PC.

**PLACES ARE LIMITED, SO REGISTER SOON. WE HOPE YOU WILL JOIN US.**

A London Borough of Culture Creative Wellbeing course  
 London Borough of Culture is a Mayor of London Initiative.

Presented by:  
**CROYDON** [www.croydon.gov.uk](http://www.croydon.gov.uk)

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