



Archbishop Tenison's

CHURCH OF ENGLAND HIGH SCHOOL



Sport Coaching and Development – LLS (Little League Sport)

LLS have teamed up with [Archbishop Tenison's CofE High School](#) to offer the LLS BTEC Sport Coaching and Development course, which enables students to combine their passion for sport with academic study and professional preparation.

LLS is the UK's leading provider of Sixth Form sports courses, delivered in more than 25 locations across England, Wales, and Northern Ireland. Students at Archbishop Tenison's will specialise in a multi-sport programme designed to develop sporting ability, coaching skills, and leadership qualities.

All learners are given the opportunity to gain weekly work experience in the local community to provide inclusive multi-sports to local children.



Course Outline

The LLS Online Course is a two-year programme and is equivalent to three A-Levels in UCAS points. All assessments are internally assessed and there are no examinations. Alongside academic study, students benefit from practical training, work experience placements, and opportunities to gain industry-relevant skills that prepare them for both higher education and careers in sport.

The course covers key areas such as sport science, performance analysis, and coaching theory. It also focuses on applied skills such as coaching practice, planning sessions, event delivery, and sport business. This allows students to demonstrate their understanding through coursework, projects, and digital portfolios, giving them practical and professional experience. Students will complete work placements two days a week with schools, academies or sports clubs.



On successful completion, students can move into:

- University degrees in sport, fitness, and coaching
- Apprenticeships with sports organisations
- Paid international coaching opportunities
- Careers in sports development, business, or performance management

The LLS Sport Diploma is a two-year, full-time sixth form course for students aged 16 to 18 that leads to a Pearson BTEC Level 3 National Extended Diploma in Sports Coaching and Development.



Course Overview

Equivalent:

Worth three A-Levels and up to 168 UCAS points for university entry.

Structure:

Typically includes 3 to 4 days of theory and practical lessons and 1 to 2 days of dedicated work experience each week.

Modules: Covers 18 units across two years, including Anatomy & Physiology, Sports Psychology, Nutrition, and Coaching Skills



- **Entry Requirements**
- **GCSEs:** Five GCSEs or equivalents at grades 4–9 (C–A*).
- **Career & Next Steps**
- **Destinations:**
- Progress to university degrees, global coaching placements, scholarships, or full-time employment.
- **Locations:** Offered at Archbishop Tenison's School [LLS Croydon](#).
- **How to Apply**
- You can apply for a place using our online application process.
- For any questions email [Warren Dutton](#), our faculty lead.
- To find out more, please visit: <https://llsonline.uk/lls-croydon/>
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